# PrSandoz® Rivastigmine Patch

Instructions for use and patient diary

## INSTRUCTIONS FOR USE<sup>1</sup>

- If you have any questions or require more information, please read the package information leaflet that came with your Sandoz® Rivastigmine Patch
- Please consult your doctor or pharmacist with any questions or concerns you may have.

#### **Important to remember**

- · Only wear **one** patch at a time.
- · Take the previous day's patch off before applying a new one.
- · Having multiple patches on your body could expose you to an excessive amount of medicine which is potentially dangerous.
- Do not cut the patch into pieces.
- Press the patch firmly in place for at least 30 seconds using the palm of the hand.

#### How to apply

1. Carefully remove the existing patch before putting on one new patch.



2. Remove the new patch from the pouch.



3. Peel one side of the protective liner off the patch.



4. Stick the patch on the upper or lower back or upper arm, or chest and peel off the second side of the protective liner.



**5.** Press the patch firmly in place for at least 30 seconds.



#### Where to apply

Always gently remove the previous day's patch before putting on one new patch.

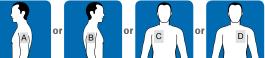
Apply one new patch in one of the following zones every day.

You can use the same zone (A or B or C or D or E or F or G or H), but do not use the same spot within the same zone for at least 14 days.

#### **Upper arm/chest:**

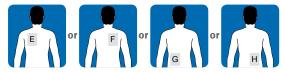








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Reference: 1. Sandoz® Rivastigmine Patch Product Monograph. Sandoz Canada Inc., November 15, 2016.

#### How to use this record sheet

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- · Tick the box when you have removed the old patch.
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### **Application zones**

#### **Upper arm/chest:**









Apply one new patch in one of the zones to the left every day.

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Old patch removed?	Date of application of <b>new patch</b>	Day of application of <b>new patch</b>	Application zone of <b>new patch</b> (letter)
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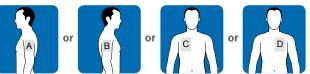
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#### **Reporting Side Effects**

You can report any suspected side effects associated with the use of health products to Health Canada by:

· Visiting the Web page on Adverse Reaction Reporting (https://www.canada.ca/en/health-canada/services/drugs-health-products/medeffect-canada/adverse-reaction-reporting.html) for information on how to report online, by mail or by fax;

or

· Calling toll-free at 1-866-234-2345.

NOTE: Contact your health professional if you need information about how to manage your side effects. The Canada Vigilance Program does not provide medical advice.

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